

Upton Court Grammar School
PE Department: Comenius Project

In February, 4 year 12 students from Upton Court Grammar travelled to Norway in the latest leg of the Comenius Project. The two year project, called 'Sports Opportunities Save Lives' (S.O.U.L) has brought together schools from Poland, Belgium, Norway, France and England with the aim of promoting healthy active lifestyles through sport. Each participating school has introduced the students involved to sports such as wrestling in Poland, kite surfing in France, Rugby at UCGS and most recently skiing in Norway. The project has also helped to fund some new initiatives within UCGS, mainly the extra-curricular attendance rewards. The new rewards scheme has seen 26 pupils win the bronze award for attending 30 clubs or more this year so far and 4 pupils Anushan Varatharason, Tuvshen Morgan, Bilal Saiyed and Muhammad Raja receive silver awards for attending 60 or more clubs!! For more information please visit the projects website <http://comsoul.jimdo.com/>.

